## Social Skills Camps for Term 2

#### Learn social skills and build resilience, integrity and confidence with AHH Lifeskills

Tasmanian 6 Day Camp Launceston to Hobart

















Some costs are NDIS covered (excluding food and drinks). \$10 Contribution fee per excursion applies (invoiced direct to client). Activities are subject to change due to availability.

# Individualised Programs

### **AHH Mentors**

- \* Mentoring is highly effective
- \* Our mentors have people skills
- \* Approachable and honest
- \* Compassionate and genuine
- $\star$  Prepared and available

### Skills in the Community

- \* Shopping/money budgeting
- \* Planning/time management
- ★ Self care/self talk
- \* Road safety/driving (16+)
- \* School/homework tuition
- ★ Job applications
- \* Community sports

#### Enrich your child's life with friendships and fun on our AHH Lifeskills excursions.

Coscar has helped our son's confidence and joy for life. Antonio can't wait to go on the Lifeskills excursions on the weekends and try new things. These experiences have added to his daily life, he is now self assured, loves talking to new people and can't wait to learn new skills each weekend. 99

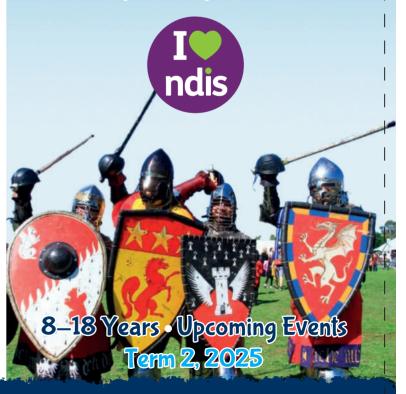
## **Effective Mentoring**

Mentoring has been proven to reduce teen social anxiety and improve individuals confidence. In the face of lifes many difficulties, it is important to have a supportive person who can help guide you and be a positive role model.

#### support@ahhlifeskills.com

# Mentoring

Social Skills • Weekend Excursions Hills-Stay Respite • NDIS Provider Pick up and drop off services



#### 1300 000 730 • ahhlifeskills.com

# 8-18 Years • Upcoming Events • Term 2, 2025



**Medieval Festival** Saturday 3rd May



Movie Day Sunday 4th May



Ice Arena Ice Skating Saturday 31st May



**Ten Pin Bowling** & Arcades Sunday 1st June







Inflatable World

Sunday 29th June



Cleland Wildlife Park Saturday 10th May



**Project Break** Smash Room



Arc Indoor Pool Saturday 7th June



Escape Room Sunday 8th June



**Virtual Reality** Adelaide Saturday 5th July



**Funtopia** World Sunday 6th July



Bounce Trampolines Saturday 17th May





Homefresh **Experience Cooking** Saturday 24th May





**Vertical Reality** Climbing Sunday 25th May



Plaster **Funhouse** Saturday 14th June



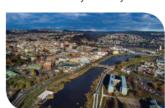
Illuminate Adelaide Saturday 21st June



**Outdoor Day Camp Bonfire & S'Mores** Sunday 15th June



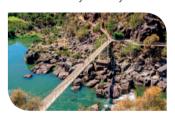
Animal Expo Sunday 22nd June



**Tasmanian 6 Day Camp** Launceston to Hobart Thursday 10th July



**Tasmanian 6 Day Camp** Launceston to Hobart Sun/Mon 13th July + 14th July



**Tasmanian 6 Day Camp** Launceston to Hobart Fri/Sat 11th July + 12th July



**Tasmanian 6 Day Camp** Launceston to Hobart Tuesday 15th July

"AHH Lifeskills makes learning relevant, with real world experiences."

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