

AHH Lifeskills offers excursions for adults 18+

Come and explore the night life in the wonderful city of Adelaide, or choose a day time option to find out those pressing questions like...

What is Yum Cha and how do I order it?

Pairing a wine with food and how you taste wine without looking like a complete novice?



No more boring nights at home

Discover what makes Adelaide the most livable city in the world and enjoy all the fabulous activities on offer.

Make friends, socialise and connect with other young people in the city.



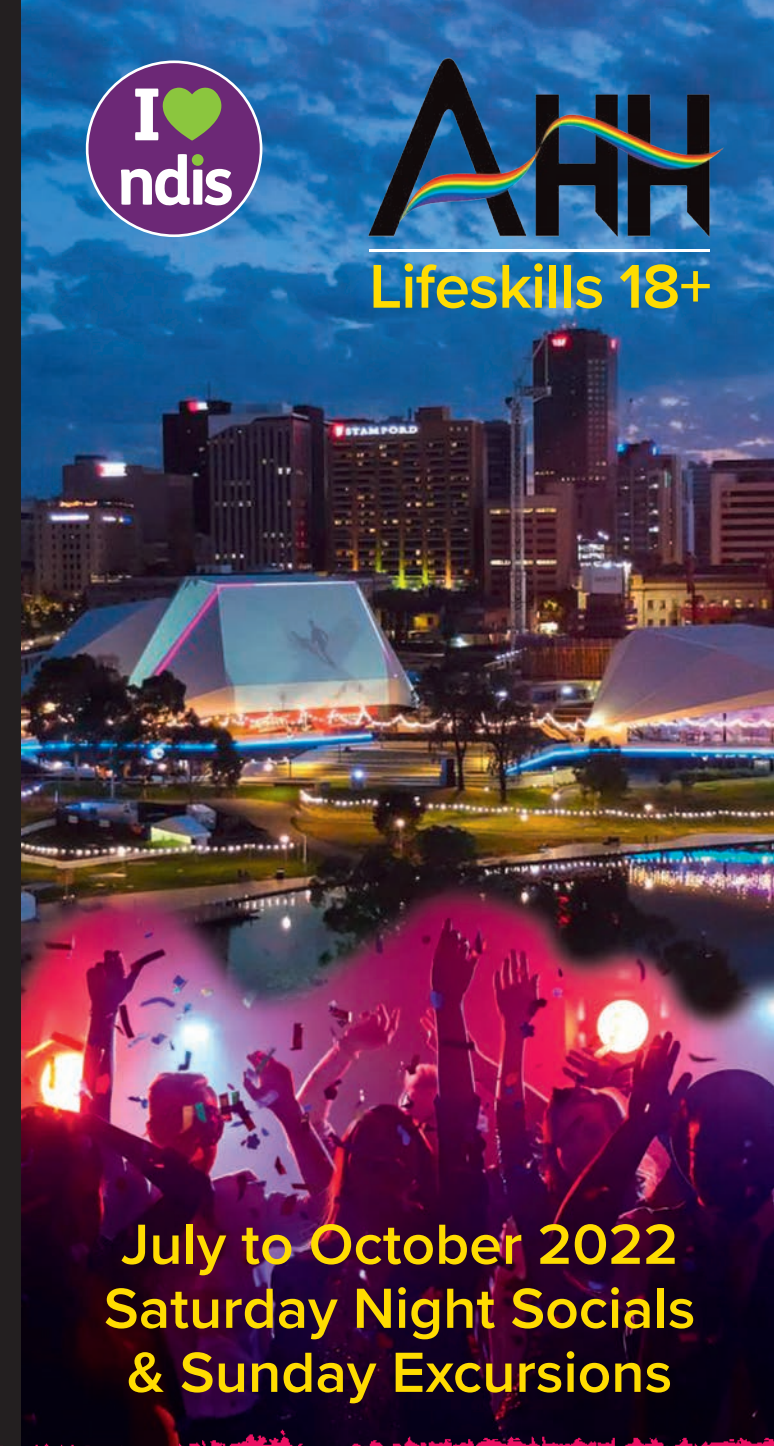
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- 1:2 ratio of care
- Free pick up and drop off service
- Variety of activities and shows
- Skilled carer to assist in transport and organisation
- Great opportunity for clients to further their connections with other group members

Saturday Night Socials 3.30pm to 9.30pm
Sunday Day Excursions 9.30am to 3.30pm

Mobile **0429 323 221**
Email **ahhlifeskills@gmail.com**
NDIS COVERED No Out of Pocket Expenses

Join us and enjoy the adventure together



July to October 2022
Saturday Night Socials
& Sunday Excursions

All prices are NDIS covered.
No out of pocket expense to the parent/guardian.

0429 323 221 • ahhlifeskills.com

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Upcoming Events 18+



**Light Creatures
@ Adelaide Zoo**
Saturday 30th July



**Kart Mania
Go Karting**
Sunday 31st July



**Melba's Chocolate Factory
& Uraidla Pub Hotel**
Saturday 27th August



**Falls Creek
Ski Trip**
27th August to 3rd September



**Hoyts Movie & Dinner
@ Norwood**
Saturday 24th September



**Holey Moley
Mini Golf**
Sunday 25th September



**Adelaide Goal
Ghost Tour**
Saturday 6th August



**Bounce
or Latitude**
Sunday 7th August



**Untethered
VR Gaming**
Saturday 3rd September



**Royal Adelaide
Show Day**
Sunday 4th September



**Picnic & Games
@ Mt Osmond**
Saturday 1st October



**Adelaide
Tree Climb**
Sunday 2nd October



**Zone Bowling
& Laser Skirmish**
Saturday 13th August



**Hahndorf Farm Barn
& Main Street Walk**
Sunday 14th August



**Spa & Movie Night
@ Tilly Street**
Saturday 10th September



**Ten Pin
Bowling**
Sunday 11th September



Middleton Beach House Weekend Getaway
Enjoy walks on the sandy beach, catch a train adventure, explore main street, visit Granite Island and much more. Saturday 17th to Sunday 18th September



**West Beach
Mini Golf**
Saturday 20th August



**AFL
Max**
Sunday 21st August



**Weekend Away
@ Middleton**
17th and 18th September



**The Big Duck Boat
@ Victor Harbor**
Sunday 18th September



Queensland 7 Nights / 8 Days Adventure
Join us as we journey to Cairns, Mossman Gorge, Daintree Rain Forest, Fitzroy Island and snorkelling the Great Barrier Reef. Wednesday 4th to Thursday 11th October

“Make memories that will last a lifetime with AHH Lifeskills!”

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