#### Over 30's Getaways to the Clare Valley and Flinders Ranges during June and July 2024



**Clare Valley** 

Enjoy a relaxing 3 days and 2 nights in the beautiful Clare Valley, exploring the Mintaro Maze and Clare Markets, walking the countryside and tasting the







Flinders Ranges
Friday 5th – 7th July
Experience 3 days and 2 nights in the Flinders Rangers' iconic
Wilpena Pound, while you live it up at the resort, and venture through this picturesque region on walking and bike trails





# AHH Lifeskills offers excursions for adults 30+

Come and explore the wonderful city of Adelaide and the state of South Australia.

Venture out to locations to experience a variety of activities and discover what makes Adelaide the most livable city in the world.

Enjoy all the fabulous attractions on offer, make friends, socialise and connect with other people.



## AHH Lifeskills offers excursions for adults 30+

- 1:2 ratio of care
- Free pick up and drop off service
- Variety of activities and shows
- Skilled carer to assist in transport and organisation
- Great opportunity for clients to further their connections with other group members

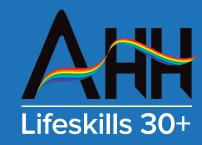
Mobile 1300 000 730

Email info@ahhlifeskills.com

NDIS COVERED No Out of Pocket Expenses

Join us and enjoy the adventure together





Over 30°s
weekend respites away
and activities for
May to July
2024



### Upcoming Events for Over 30's



Medieval Fair @ Barossa Sunday 5th May



Zone Bowling Sunday 12th May



Birdwood Farm Day Sunday 19th May



Kartmania & BBQ Sunday 5th May



Adelaide Central Markets Sunday 2nd June



Bingo Time Sunday 9th June



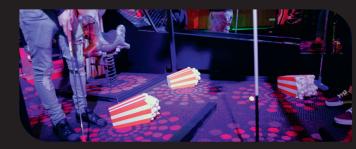
Ride The Cockle Train Sunday 16th June



3 Day Clare Valley Getaway 16th, 17th, 18th June



Movie Day Sunday 23rd June



Holey Moley Mini Golf Sunday 30th June



3 Day Flinders Ranges Getaway 5th, 6th, 7th July



Farmers Market & Cooking Sunday 7th July

#### "Make memories that will last a lifetime with AHH Lifeskills!"