

# Social Skills Camps for Term 2

Learn social skills and build resilience, integrity and confidence with AHH Lifeskills

Camps and overnight events During July 2024



## Snow Trip 8 Day Camp

**Tuesday 9th July**

Fly to Melbourne and explore the city, followed by dinner in China Town.

**Wednesday 10th July**

Sightseeing, visiting Sea Life Aquarium and the Eureka Skydeck 297.3m skyscraper.

**Thursday 11th July**

Drive to Glenrowan for lunch, visit the Ned Kelly Museum and Homestead, then continue to Bright.

**Friday 12th July**

Drive to Falls Creek snowfields, where we hit the slopes for exciting toboggan fun.

**Saturday 13th July**

Drive to Falls Creek snowfields again, this time it's the thrills of the snow tubing park.

**Sunday 14th July**

Drive to Falls Creek snowfields for the last time, for an adventurous guided snowshoe trek.

**Monday 15th July**

Return to Melbourne and visit Legoland, a spot of shopping or relaxing at home, followed by dinner.

**Tuesday 16th July**

Travel to Melbourne Airport to fly back to Adelaide.



# Individualised Programs

## AHH Mentors

- ★ Mentoring is highly effective
- ★ Our mentors have people skills
- ★ Approachable and honest
- ★ Compassionate and genuine
- ★ Prepared and available

## Skills in the Community

- ★ Shopping/money budgeting
- ★ Planning/time management
- ★ Self care/self talk
- ★ Road safety/driving (16+)
- ★ School/homework tuition
- ★ Job applications
- ★ Community sports

Enrich your child's life with friendships and fun on our AHH Lifeskills excursions.

“Oscar has helped our son's confidence and joy for life. Antonio can't wait to go on the Lifeskills excursions on the weekends and try new things. These experiences have added to his daily life, he is now self assured, loves talking to new people and can't wait to learn new skills each weekend.”

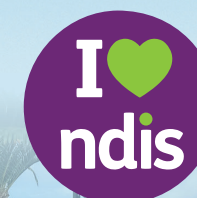
## Effective Mentoring

Mentoring has been proven to reduce teen social anxiety and improve individuals confidence. In the face of lifes many difficulties, it is important to have a supportive person who can help guide you and be a positive role model.



# Mentoring

Social Skills • Weekend Excursions  
Hills-Stay Respite • NDIS Provider  
Pick up and drop off services



8-18 Years • Upcoming Events  
Term 2, 2024

All prices are NDIS covered. No out of pocket expense to the parent/guardian. (excluding food and drinks)

[support@ahhlifeskills.com](mailto:support@ahhlifeskills.com)

1300 000 730 • [ahhlifeskills.com](http://ahhlifeskills.com)

# 8-18 Years • Upcoming Events • Term 2, 2024



**Farm Barn @ Hahndorf**

Saturday 4rd May



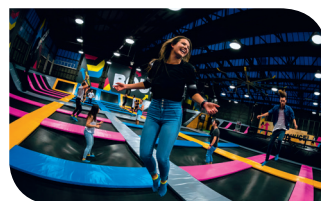
**Hay Caddy Mini Golf**

Sunday 5th May



**Aviation Museum**

Saturday 1st June



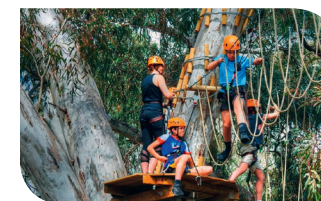
**Bounce Trampolines**

Sunday 2nd June



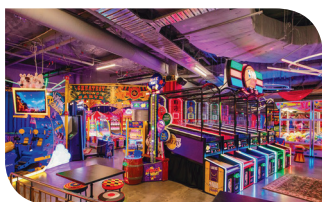
**Tutti Arts @ Brighton**

Saturday 29th June



**Adelaide Tree Climb**

Sunday 30th June



**Funlab In Rundle Mall**

Saturday 11th May



**Funtopia World**

Sunday 12th May



**Woodhouse & AFL Max Overnight Camp Day 1**

Saturday 8th June



**AFL Max & Woodhouse Overnight Camp Day 2**

Sunday 9th June



**Animal Expo**

Sunday 6th July



**Escape Room**

Sunday 7th July



**Gorge Wildlife Park**

Saturday 18th May



**Alyssa's 16th Birthday @ Timezone Woodville**

Sunday 19th May



**Movie Day**

Saturday 15th June



**Zero Latency**

Sunday 16th June



**Snow Trip 8 Day Camp**

Day 1 + 2 - 9th + 10th July



**Snow Trip 8 Day Camp**

Day 3 + 4 - 11th + 12th July



**Adelaide Gaol**

Saturday 25th May



**Bowling & Arcade**

Sunday 26th May



**Scoffed Cooking School**

Saturday 22nd June



**Kart Mania**

Sunday 23rd June



**Snow Trip 8 Day Camp**

Day 5 + 6 - 13th + 14th July



**Snow Trip 8 Day Camp**

Day 7 + 8 - 15th + 16th July

**“AHH Lifeskills makes learning relevant, with real world experiences.”**

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