

Individual Programs



Individual Programs or Day Options. You choose.

Learn Barista skills in one of our coffee carts, explore our exciting day options program (download the term planner from our website ahhlifeskills.com) from horse-riding, make stunning gifts for our regional baskets which we sell online wunderbarfarm.com or learn to hip hop dance.

Effective mentoring paves the way to success.



Travel With AHH Lifeskills Over 18's

Next trip is to Darwin on 16th April 2024. Be inspired by the awesome nature of the Northern Territory. 7 nights 8 day adventure. To register your interest email support@ahhlifeskills.com or call 1300 000 730



AHH Living supports children and adults with Supported Independent Living across Adelaide and all over SA, contact our AHH Lifeskills team today.

AHH Lifeskills Day Options

Miss Sunshine • Community Access • Day Options



AHH Lifeskills supports young people and adults with disabilities by providing personalised skills programs that are both stimulating and fun.

NDIS registered provider, School Leavers employment (SLES), Barista training with certificates.



Day options - do as many days as you like, while laughing and learning with AHH Lifeskills.

*Day Options 9:30-2:30 Monday to Friday,
Transport Available*

*Purpose with passion makes our coffee cart
and community café a success.*



Miss Sunshine is a coffee cart designed to give people with special needs the experience to work. You can do a minimum of 3 hours or 6 hours in the coffee cart with a mentor, whilst learning how to make barista quality coffee.

- Choose from 2 mobile coffee carts for the Adelaide Hills and southern suburbs.
- Hands on learning point of sale, basic food service and barista coffee.
- Barista training and basic food preparation/handling certificates available.
- Connect with your locals in your community.

On Tuesday's Miss Sunshine helps run the Aldgate Community Café at the Aldgate Train Station, serving delicious slices and biscuits to the kindy group, the gardening group and local community.

Purpose drives people to get up and contribute daily to their local community, and our coffee van 'Miss Sunshine' is a vehicle to make this happen, metaphorically and literally.

*Connect with our housing manager
Robert Bailey today on 0437 017 180
or email housing@ahhlifeskills.com*



*We have housing options in Mount Barker,
Christies Beach & Collinswood.*

*Miss Sunshine allows NDIS participants
the valuable experience of working and
developing real life skills, money skills
and social skills*



The AHH Lifeskills Day Option curriculum is designed and developed by special needs teachers, we understand the importance of scaffolded learning.

The coffee cart ensures each participant will have...

- Fun while connecting with staff and making coffee.
- Develop social networks with other participants and long term friendships.
- Increased individual levels of self-esteem and personal satisfaction.

Get in touch with us about joining our fantastic day options program, experiences are carefully planned with our virtual Teacher to provide a tailored multi-disciplinary approach. Email us at hr@ahhlifeskills.com for more information!