### AHH Lifeskills offers excursions for adults 18+

Come and explore the night life in the wonderful city of Adelaide, or choose a day time option to find out those pressing questions like...

#### What is Yum Cha and how do I order it?

Pairing a wine with food and how you taste wine without looking like a complete novice?



### No more boring nights at home

Discover what makes Adelaide the most livable city in the world and enjoy all the fabulous activities on offer.

Make friends, socialise and connect with other young people in the city.



All prices are NDIS covered. No out of pocket expense to the parent/guardian. (excluding food and drinks)



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- 1:2 ratio of care
- Free pick up and drop off service
- Variety of activities and shows
- Skilled carer to assist in transport and organisation
- Great opportunity for clients to further their connections with other group members

Saturday Night Socials 3.30pm to 9.30pm Sunday Day Excursions 9.30am to 3.30pm

Phone1300 000 730Emailsupport@ahhlifeskills.comNDIS COVEREDNo Out of Pocket Expenses

# Join us and enjoy the adventure together

Respites Away and Activities for February to April 2024

Lifeskills 18+

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### 1300 000 730 • ahhlifeskills.com

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## Upcoming Events 18+



**Cinema Under** The Stars Saturday 3rd Feb



The Big Wedgie Waterslide & Mini Golf Sunday 4th Feb



Adelaide Fringe Saturday 2nd Mar



Adelaide Fringe Sunday 3rd Mar



**Bowling** Saturday 6th Apr



The Lost Dice Game Cafe Sunday 7th Apr



West Torrens **Summer Festival** Saturday 10th Feb



Room Sunday 11th Feb



**Adelaide** Fringe Saturday 9th Mar



**Popeye Cruise** & MOD Sunday 10th Mar







Lets Roam **Scavenger Hunt** Sunday 14th Apr



Kart Saturday 17th Feb



Sammy's Birthday @ Adelaide Zoo Sunday 18th Feb



Trivia Saturday 24th Feb



Kayaking @ Happy Valley Reservoir Sunday 25th Feb



Axe Throwing Saturday 16th Mar



Holey Moley Mini Golf Saturday 23rd Mar



Paintball @ **Kuipto Forest** Sunday 17th Mar



Easter Party Sunday 24th Mar



Saturday 13th Apr

Darwin 8 Day Camp Day 1 + 2 - 16th + 17th Apr



Darwin 8 Day Camp Day 5 + 6 - 20th + 21st Apr



8 Day Camp Day 3 + 4 - 18th + 19th Apr



Darwin 8 Day Camp Day 7 + 8 - 22nd + 23rd Apr

## "Make memories that will last a lifetime with AHH Lifeskills!"

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