

Social Skills Camps for Term 1

Learn social skills and build resilience, integrity and confidence with AHH Lifeskills

Camps and overnight events During April 2024

Darwin 8 Day Camp

Day 1 - 16th April

Fly to Darwin, check in and explore the main street as a group.

Day 2 - 17th April

While in Darwin City, we visit the Museum and the historic WWII Tunnels.

Day 3 - 18th April

Drive to Litchfield National Park to explore the Berry Springs Waterhole and Florence Falls.

Day 4 - 19th April

In the heart of Darwin, experience the Aquascene Fish Feeding Sanctuary at Doctors Gully.

Day 5 - 20th April

On the Jumping Crocodile Cruise you'll see crocs use their tails to jump out of the water to eat their prey. For dinner, enjoy a croc burger, buffalo or barramundi burger at the Humpty Doo Pub.

Day 6 - 21st April

Get up close and personal view of the iconic Saltwater Crocodile at Crocosaurus Cove, then enjoy the Sunset at Mindil Beach and stroll through the Mindil Markets.

Day 7 - 22nd April

Excitement awaits at Darwin's Waterfront Wave Lagoon, or just sit back and relax. Enjoy a tasty BBQ lunch and journey out later for dinner.

Day 8 - 23rd April

All good things come to an end, as we fly back home to Adelaide.

Individualised Programs

AHH Mentors

- ★ Mentoring is highly effective
- ★ Our mentors have people skills
- ★ Approachable and honest
- ★ Compassionate and genuine
- ★ Prepared and available

Skills in the Community

- ★ Shopping/money budgeting
- ★ Planning/time management
- ★ Self care/self talk
- ★ Road safety/driving (16+)
- ★ School/homework tuition
- ★ Job applications
- ★ Community sports

Enrich your child's life with friendships and fun on our AHH Lifeskills excursions.

"Oscar has helped our son's confidence and joy for life. Antonio can't wait to go on the Lifeskills excursions on the weekends and try new things. These experiences have added to his daily life, he is now self assured, loves talking to new people and can't wait to learn new skills each weekend."

Effective Mentoring

Mentoring has been proven to reduce teen social anxiety and improve individuals confidence. In the face of lifes major difficulties, it is important to have a supportive person who can help guide you and be a positive role model.



Mentoring

**Social Skills • Weekend Excursions
Hills-Stay Respite • NDIS Provider
Pick up and drop off services**



**8-18 Years • Upcoming Events
Term 1, 2024**



All prices are NDIS covered.
No out of pocket expense to the parent/guardian.

support@ahhlifeskills.com

1300 000 730 • ahhlifeskills.com

8–18 Years • Upcoming Events • Term 1, 2024



**West Beach
Adventure Park**

Saturday 3rd Feb



**Paddle
Boarding**

Sunday 4th Feb



**Adelaide
Fringe**

Saturday 2nd Mar



**Adelaide
Fringe**

Sunday 3rd Mar



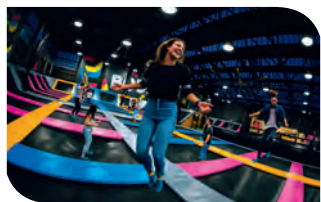
**Project Break
Smash Room**

Saturday 6th Apr



**Game
Lobby**

Sunday 7th Apr



**Bounce
Trampolines**

Saturday 10th Feb



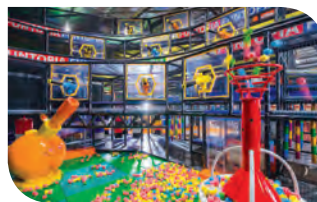
**Waterworld @
Ridgehaven**

Sunday 11th Feb



**Mt Lofty
Adventure Hub**

Saturday 9th Mar



**Funtopia
World**

Sunday 10th Mar



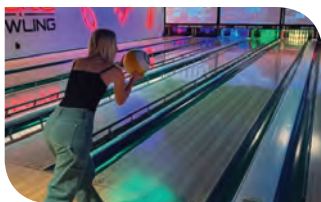
**Bounce
Trampolines**

Sunday 13th Apr



**Kart
Mania**

Sunday 14th Apr



**10 Pin
Bowling**

Saturday 17th Feb



**Movie
Day**

Sunday 18th Feb



**Kayaking @
Happy Valley Reservoir**

Saturday 16th Mar



**Glenelg
Beach House**

Sunday 17th Mar



**Darwin
8 Day Camp**

Day 1 + 2 - 16th + 17th Apr



**Darwin
8 Day Camp**

Day 3 + 4 - 18th + 19th Apr



**Plaster
Fun House**

Saturday 24th Feb



**Escape
Room**

Sunday 25th Feb



**Space
Discovery Centre**

Saturday 23rd Mar



**Easter
Party**

Sunday 24th Mar



**Darwin
8 Day Camp**

Day 5 + 6 - 20th + 21st Apr



**Darwin
8 Day Camp**

Day 7 + 8 - 22nd + 23rd Apr

"AHH Lifeskills makes learning relevant, with real world experiences."

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